


# Upland Unified School District

## Seamless Summer Free Lunch Menu

### June 21 - August 5, 2010

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>June 21, 2010</b> Chili Cheese Dog* Carrots Juice or Raisins Milk	<b>June 22</b> Bean & Cheese Burrito Celery Sticks Banana Milk	<b>June 23</b> Pizza Hut Pepperoni Pizza* Salad w/Ranch Dressing Apple Slices Milk	<b>June 24</b> Turkey & Cheese Sandwich Pickles Fresh Strawberries Fritos / Milk	<b>June 25</b>
<b>June 28</b> Grilled Cheese Sandwich Celery Sticks Juice or Raisins Milk	<b>June 29</b> Mini Burger Bundles Pickles Banana Milk	<b>June 30</b> Pizza Hut Pepperoni Pizza* Salad w/Ranch Dressing Apple Slices Milk	<b>July 1</b> Mini Double Hot Dogs Potato Salad Frozen Fruit Shape Up Patriotic Cookie Milk	<b>July 2</b>
<b>July 5</b> 4 <sup>th</sup> of July Holiday 	<b>July 6</b> Pick Up Sticks - Chicken Rice Bowl Carrots / Raisins Teddy Grahams Milk	<b>July 7</b> Pizza Hut Pepperoni Pizza* Salad w/Ranch Dressing Nectarine Milk	<b>July 8</b> Turkey Ham & Cheese Sandwich Celery Sticks Fresh Strawberries Baked Doritos / Milk	<b>July 9</b>
<b>July 12</b> Chili Cheese Dog* Carrots Juice or Raisins Milk	<b>July 13</b> Bean & Cheese Burrito Celery Sticks Banana Milk	<b>July 14</b> Pizza Hut Pepperoni Pizza* Salad w/Ranch Dressing Apple Slices Milk	<b>July 15</b> Chicken Nuggets Carrots Frozen Fruit Shape Up Animal Crackers Milk	<b>July 16</b>
<b>July 19</b> Pick Up Sticks - Chicken Rice Bowl Carrots / Raisins Teddy Grahams Milk	<b>July 20</b> Mini Burger Bundles Pickles Banana Milk	<b>July 21</b> Pizza Hut Pepperoni Pizza* Salad w/Ranch Dressing Fresh Strawberries Milk	<b>July 22</b> Turkey Bologna & Cheese Sandwich Celery Sticks Nectarine Baked Cheetos / Milk	<b>July 23</b>
<b>July 26</b> Grilled Cheese Sandwich Potato Salad Juice or Raisins Milk	<b>July 27</b> Bean & Cheese Burrito Carrots Banana Milk	<b>July 28</b> Pizza Hut Pepperoni Pizza* Salad w/Ranch Dressing Apple Slices Milk	<b>July 29</b> Chicken Nuggets Celery Sticks Frozen Fruit Shape Up Animal Crackers Milk	<b>July 30</b>
<b>August 2</b> Pick Up Sticks – Chicken Rice Bowl Carrots / Raisins Teddy Grahams Milk	<b>August 3</b> Chili Cheese Dog* Celery Sticks Banana Milk	<b>August 4</b> Pizza Hut Pepperoni Pizza* Salad w/Ranch Dressing Nectarine Milk	<b>August 5</b> Nacho Cheese & Chips Sunflower Kernels Carrots Frozen Fruit Shape Up Milk	<b>August 6</b>

\*Contains pork product

Menu subject to change

Free to all children 2 – 18 years of age. Food may not be eaten by adults. All food must be eaten at the park in designated area.

Free lunch available Monday – Thursday only.

Nacho cheese, chips and sunflower kernels are available if main entrée is sold out.